

## Welcome

Life, as many of us know, is a cycle. We may be at our prime today, but we all know that in the sunset of our lives, our bodies will no longer be able to keep up with its youthful vigor. In such a period, we will need to be taken care of by those who still have it.

That is what we at **Eke Inc/Young at Heart** are here for-to offer our invigorating care to the elderly within our tranquil home. With facilities located and designed for rest and relaxation, our senior residents will be guaranteed top-notch care from our youthful, energetic care staff who will provide excellent non-stop care, day and night, night and day.



## Our Location

### Facility 1

1520 Philadelphia Rd  
Joppa, Maryland 21085

### Facility 2

1518 Philadelphia Rd  
Joppa, Maryland 21085

Phone: (410) 538-4825

Mobile: (410) 299-8580

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## EKE Inc / Young at Heart

BASKING IN THE YOUTHFUL GROW OF CARE



CALL US TODAY

# (410) 538-4825





## Who We Are

At **Eke Inc/Young at Heart**, is a Care Home which provides a peaceful domicile for elderly citizens. With facilities located in a quiet, suburban neighborhood, we guarantee our residents the rest and relaxation they need, while being exposed to the youthful energy and care of our 24-hour staff.

Our caregivers are all thoroughly screened for talent and quality. Background checks are completed before hiring for the sake of our clients. We make sure our employees are constantly updated with the latest care techniques for the elderly, and they also undergo classes and re-trainings to maintain the delivery of quality care services.

However, we at **Eke Inc/Young at Heart** do not just look into our employees credentials, but also into their hearts. We want to make sure that our home is as close to a family environment as possible, which is why we pick individuals who are friendly, energetic, patient and loving, and who share our ideals of rendering a type of care that invigorates our residents.

## What We Do

At **Eke Inc/Young at Heart**, provides a haven to senior citizens in need of a home where constant care can be given by a team of dedicated, youthful and energetic staff. Among services we provide are:

- ♥ 24 hour secured care
- ♥ Administration of medications
- ♥ Individual exercise
- ♥ Nutrition programs
- ♥ Assistance with personal hygiene
- ♥ Regular visits by a Registered Nurse and Doctor
- ♥ Housekeeping
- ♥ Laundry Services
- ♥ Recreational Activities
- ♥ RN in the facility 5 days a week and on call on weekends
- ♥ Monthly MD visits and as needed
- ♥ Podiatrists visit every three months
- ♥ Physical and occupational therapist available
- ♥ Visitation by various religious groups
- ♥ Offering of Holy Communion twice a week
- ♥ Lab techs available for scheduled and routine blood works
- ♥ Pharmacy consultant every six months

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## Amenities

At **Eke Inc/Young at Heart**, we do all we can for the sake of our senior residents, and not just in terms of care given by our friendly and devoted staff. We also customize and furnish our home to keep our residents safe, secure and happy.

Our amenities include:

- ♥ Private bedrooms
- ♥ Fire and Security alarm
- ♥ Choice of roommate, should a resident prefer it
- ♥ Wheelchair accommodations for rooms and baths
- ♥ Spacious visiting areas for loved ones
- ♥ Recreational rooms/spaces

